

My Choice
Programs for Independent Living

 **APRIL EVENTS 2025** 

TUES
1



Discover some background around this fun holiday! Enjoy!

[April Fools' Day: Origins, Meaning & Hoaxes | HISTORY](#)

APRIL EVENTS 2025

WED
2

GREGG OLSEN
#1 New York Times Bestselling Author of
IF YOU TELL

THE
AMISH
WIFE

UNRAVELING THE LIES, SECRETS,
AND CONSPIRACY THAT LET
A KILLER GO FREE

ADULT
Virtual

True Crime Book Club

WPL WORCESTER
PUBLIC LIBRARY

True Crime Book Club: The Amish Wife by Gregg Olsen
Worcester Public Library - Salem Square
April 2, 2025/7:00 PM to 8:00 PM

FREE

Grab your favorite cup of coffee, bring your detective hat, and join us for an evening of thrilling conversation! Step into the chilling world of real-life mysteries, gripping investigations, and unsolved puzzles. Each month, we'll dive into a new true crime story, exploring the twists, turns, and dark corners of the most infamous cases in history.

This program takes place over Zoom! Register online at mywpl.org for the Zoom link.

Worcester Public Library | Worcester Public Library

APRIL EVENTS 2025

THUR
3



Knitting Circle

March 6, 2025 - April 24, 2025

Worcester Public Library, 3 Salem St., Worcester, MA 01608

FREE

2:15 PM to 3:15 PM

Recurring weekly on Thursday

All needlecraft enthusiasts are welcome to join us in person or virtually from the comfort of your own home!

Knit along with us on a themed project, knit for charity (see details below), or feel free to knit something you are working on already. Basic knitting will be taught in-person only. If you want to learn to knit, please bring a pair of size 7 or 8 straight knitting needles and a skein of worsted weight yarn.

March and April: Crafting for a Cause - Hats, Scarves, and Mittens for Net of Compassion - Note: Knit or crocheted items must be machine washable.

May: Baby Knits



APRIL EVENTS 2025



FRI
4



Board Game Club

Held on the 1st Friday of every month

At TJ's Café and Games

Questions? Contact: Robert at rtatro@mychoiceprograms.com

 **APRIL EVENTS 2025** 

SAT
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Craft Swap
April 5, 2025
Worcester Public Library, 3 Salem St., Worcester, MA 01608
FREE
12:00 PM to 4:00 PM

Declutter your craft stash or pick up some new supplies at our Craft Swap!

Declutter your craft stash or pick up some new supplies at our Craft Swap! Portable craft supplies and tools such as yarn, beads, scrapbook paper, knitting needles, sewing notions, floral décor, clean paint brushes, and googly eyes are welcome. Materials must be clean and in good condition (new or gently used and not smelly or moldy). You don't need to bring something to take something from the swap and craft material donations will only be accepted on the day of the swap.

This program takes place in the Banx Room of the Main Branch.

SUN
6



Breezy Gardens

6 McNeil Hwy Leicester, MA, (508) 892-9201.

Breezy Gardens is one of the many farm stands that accepts HIP. Receive fresh fruits and vegetable for **FREE** up to a monthly cap of \$40, \$60, or \$80 with an EBT card! For more information:

<https://www.mass.gov/service-details/massachusetts-healthy-incentives-program-hip>

MON

7



COMPUTER BASICS



Computer Basics

3/3/2025, 4/7/2025, 5/5/2025

Worcester Public Library, 3 Salem St., Worcester, MA 01608

FREE

2:30 PM to 3:30 PM

Learn the basics of using a computer, how to save documents, search the Internet, access the library website and computers.

This program takes place in the Computer Lab of the Main Branch.

Register online at mywpl.org.

 **APRIL EVENTS 2025** 

TUES
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There are 4 public fridges within Worcester.
This was created as a supplemental resource. First come, first serve.
Please click on the website for more information and location of a fridge near you!
<https://woofridge.org/>

WED
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Massachusetts Healthy Incentives Program (HIP)

What is HIP?

HIP puts money back on your EBT card* when you use SNAP to buy healthy, local fruits and vegetables from HIP farm vendors.

*up to a monthly cap of \$40, \$60, or \$80

Click on the link below to find out how to sign up today!

<https://www.mass.gov/service-details/massachusetts-healthy-incentives-program-hip>

 **APRIL EVENTS 2025** 

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Creative Hub Worcester, 653 Main St., Worcester, MA 01608

Free!

6:30 PM to 8:30 PM

Recurring weekly on Thursday

Whether you're an artist, or a beginner who wants to explore a new creative endeavor in a safe and inclusive space, join us **every Thursday from 6:30-8:30pm Creative Hub
You can bring your own project and materials to work on anything creative or utilize the variety of art materials that will be available.**

Let's celebrate community and get creative together!

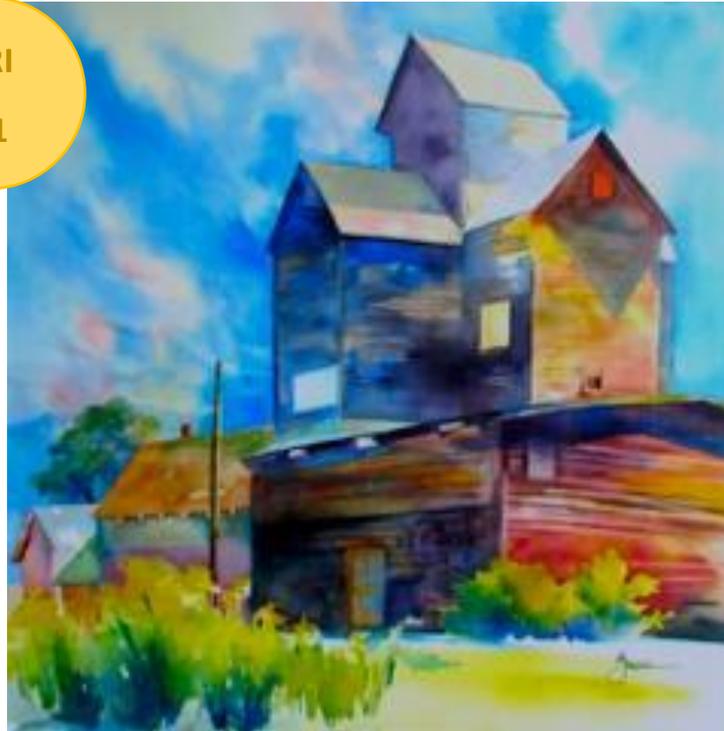
****Hosted by the Queer Craft Club of Worcester****

Free and open to anyone who identifies as a member of the LGBTQIA+ community (18+)

RSVP encouraged: <https://queerartistmakernights.eventbrite.com>

 **APRIL EVENTS 2025** 

FRI
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THE HILLSTOWN: a tour in watercolor

4/9/2025, 4/10/2025, 4/11/2025, 4/12/2025, 4/13/2025, 4/16/2025, 4/17/2025, 4/18/2025, 4/19/2025, 4/20/2025

Jean McDonough Arts Center, 20 Franklin St., Worcester, MA 01608

2:00 PM to 6:00 PM

Reception: Sat 04/12 (@5:00 - 7:00 pm)

Kathryn L. Jensen is an artist who believes in both the specificity of place and the universality of art. She enjoys the medium of watercolor for its humbling interplay of control and spontaneity. This exhibit will showcase the beauty of the Western Massachusetts hilltowns, a place whose early industrial and farming history remains. Kathryn's work can be found at www.kathrynjensenart.com

 **APRIL EVENTS 2025** 

SAT
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museum of science and nature

**The mission at the EcoTarium is to inspire a passion for science and nature -
and it is our passionate team that makes this possible!**

\$4 per person for EBT or WIC cardholders up to a total of 4 family members.

A valid EBT or WIC card and the cardholder's photo ID are required.

<https://ecotarium.org/>

SUN
13



Museum of Science

BOSTON Museum of Science

As a member of the *Card to Culture* and *Museums For All* programs, we are proud to offer EBT or WIC cardholders from all 50 states up to 4 free Exhibit Hall admissions, with valid state photo ID all year long.

[Home | Museum of Science, Boston \(mos.org\)](https://mos.org)

 **APRIL EVENTS 2025** 

MON
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**Broad Meadow Brook Conservation Center
& Wildlife Sanctuary - Mass Audubon**



414 Massasoit Road, Worcester, MA 01604, Tuesday–Sunday, 12 pm-4 pm.

FREE FOR EBT CARD HOLDERS!

<https://www.massaudubon.org/get-outdoors/wildlife-sanctuaries/broad-meadow-brook>

TUES

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DRUM CIRCLES



JOIN COMMUNITY MEMBERS JEAN-SEBASTIEN DUVILAIRE & SHA-ASIA MEDINA TO LEARN, SHARE AND EXPLORE THE DRUM WITH COMMUNITY!

**EVERY TUESDAY
THE VILLAGE WORCESTER**

Community Drum Circles

4 King Street, Worcester, MA 01610, (508) 556-0439

Free

5:00 PM to 7:00 PM

Recurring weekly on Tuesday

Join The Village Worcester, Main South's diasporic community edutainment & healing center for our weekly Drum Sessions! Gather with new friends and learn from our director Sha-Asia Medina about the history and technique of the Djembe & Djun Djun. Tuesdays 5-7pm.
See @TheVillageWorcester on Instagram for weekly updates.

☂ **APRIL EVENTS 2025** ☂

**MY CHOICE PROGRAMS PROUDLY PRESENTS:
Anime Club and Board Game Club**

WED
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Anime Club

Held on the 3rd Wednesday of every month, 4pm-6pm
Questions? Contact: Robert at rtatro@mychoiceprograms.com



APRIL EVENTS 2025

A Visual History of The Declaration of Independence



**April 17, 2025
American Antiquarian Society
185 Salisbury St.
Worcester, MA 01609
(508) 755-5221
Free
7:00 PM to 8:00 PM**

Graphic arts historian John Bidwell discusses his new book *The Declaration in Script and Print: A Visual History of America's Founding Document* (2024), which traces the fascinating history of the Declaration of Independence as both a work of art and a mass-market commodity during the nineteenth century.

New and improved intaglio, letterpress, and lithographic printing technologies led to increasingly elaborate reproductions of the Declaration during the 1800s. Opportunistic publishers capitalized on the founding document's most desirable selling points, keeping an eye out for novelties with commercial potential. They imitated the layout, illustrations, and calligraphy of previous prints. Nearly everybody borrowed decorative motifs and patriotic emblems, such as the Founders' portraits, state seals, the American eagle, the Liberty Bell, and Independence Hall. Market entry was not expensive, bestsellers were free for the taking, and popular demand increased steadily, reaching a peak during the Centennial.

In this program, Bidwell unravels the intricate web of rivalries surrounding these competing publications, while highlighting the proliferation and widespread influence of the Declaration of Independence on American popular culture.

This hybrid program will be held in person at Antiquarian Hall and livestreamed to a virtual audience on YouTube.

Advance registration is required for both. Doors open at 6:30pm.

Closed captioning will be available for virtual attendees.

John Bidwell is a curator emeritus at the Morgan Library & Museum.

Bidwell was elected to AAS membership in April 1987.

 **APRIL EVENTS 2025** 

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Millbury Senior Center

One River Street, Millbury, MA, 01527, (508) 865-0851

[Classes & Clinics | Millbury MA](#)

Light exercise classes on Mondays and Fridays

 **APRIL EVENTS 2025** 

SAT
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Worcester Public Library, 3 Salem St., Worcester, MA 01608

FREE

4:15 PM to 5:15 PM

Have you ever wanted to learn about the stories of the people who lived in your home before you?

Join Local History/Genealogy Librarian Alex to learn resources, tips & tricks to discover the history of the families who used to inhabit your home.

Banx Room

Register <https://mywpl.libnet.info/event/12823097>. Registration opens 3/22.

SUN
20

The Poet's Cauldron

The White Room, 138 Green St, Lower Level, Worcester, MA 01610

(774) 420-8777

\$20 suggested donation

6:00 PM to 9:00 PM

Recurring monthly on the 3rd Sunday

The Poet's Cauldron is a monthly spoken word poetry open mic event in Worcester, MA, founded and hosted by multidisciplinary artist BrujaTheVillain. The event combines live music from the house band, MeloGreen, with performances by poets, musicians, and artists from diverse backgrounds.

The Poet's Cauldron ask for a \$20 suggested donation. We foster community, cultural preservation, and artistic sustainability, aiming to amplify voices, revitalize the city, and bridge connections among Worcester's diverse population. With a mission to support creative expression and empower local and visiting talent, it is unlike any other program in Worcester, creating a unique platform to celebrate art, poetry, and culture.

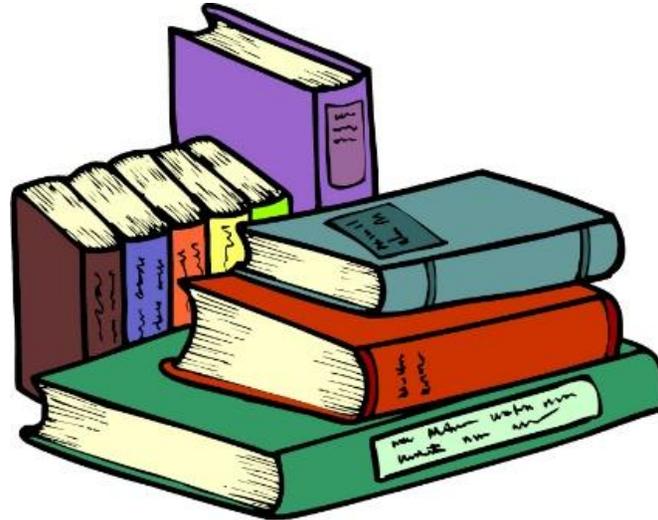
Supported by Worcester Cultural Council and Worcester Arts Council

 **APRIL EVENTS 2025** 

**Worcester Public
Library**

MON

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**Worcester Public Library
offers free books and magazines
to take home for keeps!
They also have a bookstore
for the frugal shopper.
They are located near the entrance
when you go through the main doors.**

**3 Salem Square,
Worcester, MA 01608,
Tel: 508-799-1655**

TUES
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[Earth Day - Wikipedia](#)


My Choice
Programs for Independent Living

 **APRIL EVENTS 2025** 

ENJOY THE OUTDOORS

WED

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HIKE CENTRAL MASSACHUSETTS

The Greater Worcester Land Trust is a small non-profit organization. located in Worcester, Massachusetts and is dedicated to preserving and protecting Worcester County's critical open space.

[Worcester Hikes-3 Complete \(hikeworcester.com\)](http://hikeworcester.com)

THUR

24

CENTRAL MASS RAIL TRAIL STERLING SECTION

Explore this 3.3-mile out-and-back trail near Sterling, Massachusetts. Generally considered an easy route, it takes an average of 59 min to complete.

This trail is great for hiking, mountain biking, and running, and it's unlikely you'll encounter many other people while exploring.

[Mass Central Rail Trail: Sterling Section | Map, Guide - Massachusetts | AllTrails](#)

FRI

25

New England Botanic Garden

11 French Drive, Boylston, MA 01505

Tower Hill Botanic Garden is a 171-acre botanic garden and arboretum located in Boylston, Massachusetts, approximately 8 miles north of central Worcester in Worcester County, Massachusetts. Tower Hill features 17 distinct gardens, preserved woodlands, and miles of hiking trails.

\$2 general admission for up to six guests per EBT CARD

(508) 869-6111, <https://nebg.org/>

☂ APRIL EVENTS 2025 ☂

Samuel Slater Experience

SAT
26

31 Ray Street, Webster, MA
Dedicated to educating about Samuel Slater,
"Father of the American Industrial Revolution,"
through an engaging and immersive experience.



😊 EBT Discount General admission ticket discounted to \$3
per person, up to 4 people 😊

Friday and Saturday open 10 a.m. to 4 p.m., Sunday noon to 4 p.m.
Check Facebook for additional open days or holiday closures. Allow 1
to 1 1/2 hour for your visit.

508-461-2955

www.samuel Slater Experience.org

AMERICAN HERITAGE MUSEUM

SUN
27

568 Main St, Hudson, MA 01749

A military history museum with
a collection consists of over 100 artifacts.
Over half of the items on display
are from the World War II era, with World War I,
the Korean War, Vietnam War, Gulf War, Iraq War,
and the War on Terror also represented.



😊 EBT and WIC cardholders receive a
discounted museum admission of \$3 😊

Cardholders are able to purchase their
museum admission in person.

Not valid for special event weekends
as listed on the American Heritage Museum website.

Wednesday through Sunday, 10:00am to 5:00pm

978-562-9182

<https://www.americanheritemuseum.org>

 **APRIL EVENTS 2025** 

MON
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WPL Download: Library apps for your phone.

11:00 AM—12:00 PM

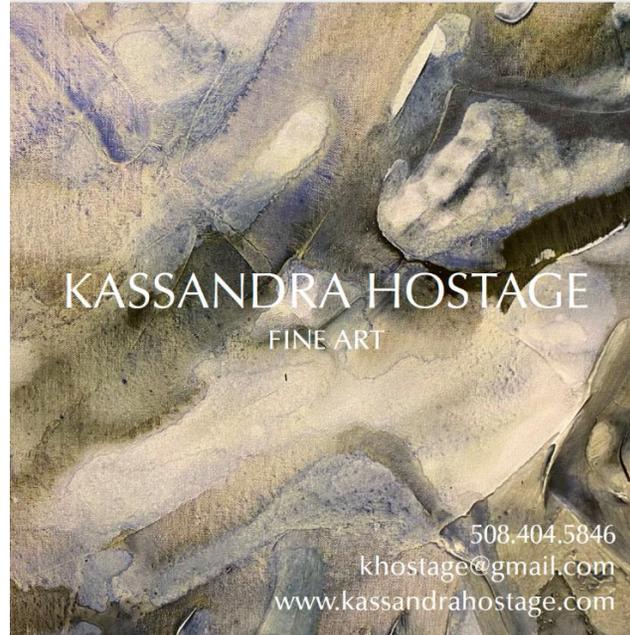
Computer Lab, Main Library, 3 Salem Square , Worcester, MA, 01608

Learn how to stream movies, read ebooks, and listen to audiobooks and music on your phone with Kanopy, Hoopla, Libby, and Freegal - all free with your WPL card!

[04/12/2024 | WPL Download: Library apps for your phone | Worcester Public Library \(assabetinteractive.com\)](#)

☂️ **APRIL EVENTS 2025** ☂️

TUES
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DISCERNMENT: A SOLO PAINTING EXHIBITION Presented By Cassandra Hostage

3/26/2025, 3/27/2025, 3/28/2025, 3/29/2025, 3/30/2025, 4/2/2025, 4/3/2025, 4/4/2025, 4/5/2025, 4/6/2025

Jean McDonough Arts Center, 20 Franklin St., Worcester, MA 01608
2:00 PM to 6:00 PM

Join us as Cassandra Hostage exhibits her newest works in her first solo painting exhibition, titled, 'Discernment.'

The opening reception will take place on Saturday, March 29th, 2025 from 6:30 to 9:30 pm at the JMAC Gallery in Worcester, MA.

- cocktail attire encouraged*

☂ APRIL EVENTS 2025 ☂

WED

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FOOD PANTRIES

The link below gives the locations and times of the 30 food banks in Worcester.

This link also helps you find food banks in your town and has a zip code search for the one nearest you.

<https://www.foodpantries.org/ci/ma-worcester>



APRIL EVENTS 2025

LINKS OF INTEREST

Check it

FREE & DISCOUNTED ADMISSION WITH EBT CARD

- Card to Culture- <https://www.mass.gov/info-details/ebt-card-to-culture-organizations>

MASSACHUSETTS: NATURE, PARKS & FRESH WATER BEACHES

- Day Trips/Events/Places- <https://www.massdaytripping.com/hiking-state-parks>, <https://www.towerhillbg.org/planyourvisit/>
- Mass Audubon <https://www.massaudubon.org/> ; <https://www.massaudubon.org/get-outdoors/wildlife-sanctuaries/broad-meadow-brook>
- Massachusetts freshwater beaches- <https://www.visit-massachusetts.com/state/fresh-water-beaches/>
- Massachusetts park locations- https://www.mass.gov/visit-massachusetts-state-parks/locations?_page=1
- Rail trails: <https://www.trailink.com/trailsearch/?state=MA> , <http://masstrails.com/rail-trails-map.html>

WALKING FOR WHEN ITS COLD, RAINY OR JUST TOO HOT

- <https://local.aarp.org/auburn-ma/mall-walking/> , <https://www.outletstoresmall.com/outlet-malls/auburn-mall>

MASSACHUSETTS: MUSEUMS, FESTIVALS & CULTURAL EVENTS

- Festivals- <https://www.findfestival.com/massachusetts/>
- Massachusetts (MA) Museums and Galleries in the Central Region- <https://www.visit-massachusetts.com/central/museums-and-galleries/>
- Multicultural Events in Massachusetts- <https://www.visitma.com/things-to-do/multicultural/>
- Women's Historical Landmarks- <https://worcestercentralkidscalendar.com/womens-history-landmarks-to-visit-in-massachusetts/>


APRIL EVENTS 2025

MASSACHUSETTS: FARMERS MARKETS, FAIRS & AGRICULTURAL EVENTS

Check it out

HIP FINDER

SNAP/HIP (Healthy Incentive Program)

Benefits explained- <https://www.mass.gov/service-details/massachusetts-healthy-incentives-program-hip>

Find Farmers markets that accept HIP- <https://dtafinder.dtadash.ehs.mass.gov/> ,
<https://guide.farmfreshri.org/food/farm.php?farm=1141>

- Fairs and Agricultural Events- <https://www.mass.gov/service-details/calendar-of-culinary-and-agricultural-events>
- Find a Market Near You — <https://www.massfarmersmarkets.org/markets>, <https://www.recworchester.org/farmers-markets>
- Winter Farmer Markets- <https://massnrc.org/farmlocator/map.aspx?Type=Winter%20Markets>
- Pick Your Own- <https://www.mass.gov/guides/pick-your-own-farms>

DAY TRIPS/EVENTS

- Look for some fun daytrips here! <https://www.massdaytripping.com/fun-attractions>, <https://www.discovercentralma.org/see-do/events/>, <https://www.discovercentralma.org/see-do/events/>

TOWN EVENTS/CALENDARS

- Bellingham events- <https://www.townplanner.com/bellingham/ma/events/>
- Bellingham Library- <https://www.bellinghampubliclibrary.org/>
- Franklin, MA Events and Things to Do- <https://www.americantowns.com/franklin-ma/events/>
- Hopedale Events- <https://www.americantowns.com/hopedale-ma/events/>
- Milford Events- <https://www.eventbrite.com/d/ma--milford/free--events/>
- Millbury Senior Center Events- <https://www.millbury-ma.org/senior-center/pages/classes-clinics>


 **APRIL EVENTS 2025** 

- Millbury Library Events- <https://www.millburylibrary.org/events>

WORCESTER: EVENTS, LIBRARIES & MUSEUMS

- Worcester, MA Events and Things to Do- <https://www.eventbrite.com/d/ma--worcester/events/>
- Worcester Public Library Calendar- <https://mywpl.org/?q=online-calendar>
- Worcester Art Museum- <https://www.worcesterart.org/information/hours-and-admission/>
- Worcester Historical Museum- <https://www.worcesterhistory.org/visit/>
- Worcester Cultural Coalition- <https://worcesterculture.org/calendar-of-events/>
- Holy Cross free movies- <https://www.holycross.edu/arts-culture/seelos-film-series>
- American Antiquarian Society- <https://www.americanantiquarian.org/programs-events>

MISC. INTERESTS

- Car Shows- <https://carshownationals.com/massachusetts-car-shows/> , <https://www.hebertcandies.com/blogs/events/thursday-night-cruzzin-car-show> , <http://www.janinesfrostee.com/events/>

PLEASE NOTE:

Some events require preregistration due to limited seating. Contacting ahead of time is suggested.

& AND REMEMBER, IT'S ALWAYS YOUR CHOICE!



**Questions? Suggestions? Please contact Kat Hastings at 508-868-4331,
khastings@mychoiceprograms.com**